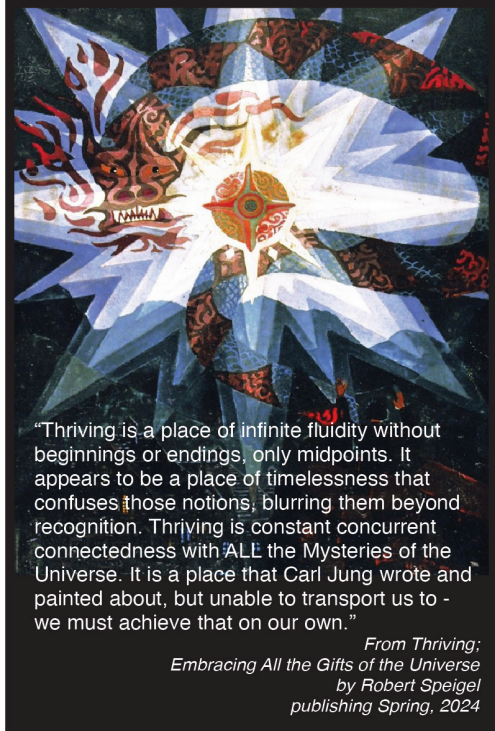


# Loss, Grief, and Thriving

## A Spiritual Path to Healing

### A 3 Day Retreat for Men



"Thriving is a place of infinite fluidity without beginnings or endings, only midpoints. It appears to be a place of timelessness that confuses those notions, blurring them beyond recognition. Thriving is constant concurrent connectedness with ALL the Mysteries of the Universe. It is a place that Carl Jung wrote and painted about, but unable to transport us to - we must achieve that on our own."

*From Thriving:  
Embracing All the Gifts of the Universe  
by Robert Spiegel  
publishing Spring, 2024*

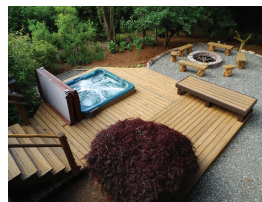
### Details

**When:** Friday May 2, 2025 at 4:00 PM  
to Sunday May 4, 2025 at 5:00 PM

**Where:** Frog Creek Lodge  
15003 64th St NW  
Lakebay, WA 98349  
Phone: (253) 884-3188

**Cost:** Tuition Room, Board, Facility Fee  
**\$525.00** **\$450.00**

Click [HERE](#) or use the QR  
Code for more information  
or to Register

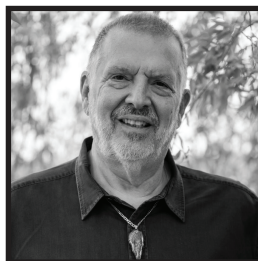


Frog Creek Lodge`

### The Retreat Will Provide You With:

- A unique opportunity to be in a safe and comfortable retreat setting with fellow men seeking to enter into a magical and cleansing energy field for physical and soul healing - something men rarely experience
- The time and space using proven techniques of meditation and visualization, paired with Heart Centered Hypnotherapy and active imagination to bring your deep emotional losses to consciousness for healing
- Develop specific practices to work with unprocessed loss and grief that block you from Thriving

### Your Retreat Leader Rob Spiegel



Robert Spiegel has over 45 years experience as psychotherapist, clinical hypnotherapist, author, teacher, and research scientist. He is a visionary inventor, holding three United States patents for bio-behavioral medical technology, and served as a two-time Principal Investigator for the National Institutes of Health. His research proved the efficacy of his targeted medical hypnosis technology.

Rob holds a Bachelor of Science Degree in Experimental Psychology from Wright State University (1970) and a Master of Social Work degree from the University of Michigan (1973). He is a member of the Academy of Certified Social Workers, a Board Certified Diplomate of the National Association of Social Workers, and a Washington State Licensed Independent Clinical Social Worker. He holds an Advanced Certified Hypnotherapist certification, and offers telemedicine services to his clients across the country.

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therapy